

# Disaster Supply Kit

Prepare a 3-day disaster supply kit that contains the following materials:

- Store one gallon of water per person per day (3 day minimum).
- Non-perishable food for each person - foods that require no refrigeration, cooking or preparation. Rotate the food supply every 6 months.
- Keep a 7-day supply of vital medications on hand at all times.
- First aid kit
  - Bandages
  - Scissors
  - Latex gloves
  - Sterile pads
  - Sterile roll bandages
  - Tweezers
  - Petroleum jelly
  - Cleansing agents
  - Antiseptic ointment or spray
  - ACE bandages
  - First aid booklet.
- Personal hygiene items
  - Toilet paper
  - Feminine supplies
  - Plastic garbage bags and ties
  - Infant supplies
  - Soap
- Unscented household bleach to purify water.
- Tools and supplies
  - Paper plates and plastic utensils
  - Small amount of cash
  - Fire extinguisher
  - Pliers
  - Compass
  - Aluminum foil
  - Flares
  - Wrench to shut off utilities
  - Flashlight
  - Extra batteries
  - Non-electric can opener
  - Matches
  - Pencil and paper
  - Whistle
  - Shelter tarps
  - Dust mask
  - Work gloves.
- Battery-operated radio and extra batteries. A NOAA Weather Radio with a tone alert is optional, but very important.
- Include bedding and at least one complete change of clothing and footwear for all household members.
- Maintain and know how to use a fire extinguisher.

Check contents every six (6) months.

Date of last check: \_\_\_\_\_